

Hikinginc.com Equipment Checklist for Backpacking Trip

| Done? | No. on Hiking Inc. | Packing | Weight in Oz. | Notes |
|-------|--------------------|---|---------------|-------|
| | | | | |
| | ----- | <u>Items</u> | | |
| | 1 | Camp Stove and fuel | | |
| | 2 | Pots | | |
| | 3 | Utensils | | |
| | 4 | Headlamp | | |
| | 5 | Water Bottle (2 minimum even if you only fill one), no bladders they will freeze. | | |
| | 6 | Water Filter | | |
| | 7 | Lighter | | |
| | 8 | Trecking Poles | | |
| | 9 | Sleeping mat | | |
| | 10 | Sleeping bag | | |
| | 11 | Tent/Bivy/Hammock | | |
| | 12 | Backpack | | |
| | | | | |
| | | | | |
| | ----- | <u>Navigation</u> | | |
| | 13 | Travel maps | | |
| | 14 | Compass | | |
| | 15 | GPS (optional) | | |
| | | | | |
| | | | | |
| | ----- | <u>Accessories / Comforts</u> | | |
| | 16 | Ear plugs | | |
| | 17 | Lip balm | | |
| | 18 | Small Book, portable music, playing cards | | |
| | 19 | First aid Kit (which includes remedies: headache, indigestion, diarrhea, mole skin) | | |
| | 20 | | | |
| | 21 | Towelettes | | |
| | 22 | sunglasses | | |
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